



VVHA BLOOD DRIVE

**Help save
child's life**

**Colfax Charter
11724 Addison
Street – enter from
Huston Gate**

**Be an unsung hero
and sign up today**

**Email
appledorothy@gmail.com
or 818-424-4440
for sign up instructions**

NOV 9, 8:00-1:30 HELP SUPPORT CHILDREN'S HOSPITAL LOS ANGELES – VALLEY VILLAGE BLOOD DRIVE

THE IMMENSE SUPPORT WE RECEIVE
FROM DONORS LIKE YOU HELPS CHLA
MEET 90% OF PATIENTS NEEDS FOR BLOOD
TRANSFUSIONS EACH YEAR! ON BEHALF
OF THE PATIENTS @CHLA, WE THANK YOU!

**DONORS MUST BE AT LEAST 17 YEARS OF AGE,
WEIGH OVER 110 POUNDS AND HAVE NOT
DONATED BLOOD IN THE LAST EIGHT WEEKS.THE
DAY BEFORE DONATION DRINK EXTRA FLUIDS &
EAT A HEALTHY MEAL AT LEAST FOUR HOURS
BEFORE DONATING - DO NOT FAST**



VALLEY VILLAGE HOMEOWNERS ASSOCIATION

www.valleyvillageha.com

Valley Village Homeowners
Association.
Post Office Box 4916, Valley
Village, CA 91617